Wearing Face Coverings

How to wear a face covering effectively

- Before handling the face covering, wash your hands or use hand sanitizer.
- Take your face covering by the elastic straps and put it on your face.
- Unfold it and ensure the face covering fits over the nose and under the chin.
- Once it is on your face, do not touch it.
- Wash your hands or use hand sanitizer again.

What you should not do

- Wear your face covering under the nose or cover only the tip your nose.
- Wear your face covering without covering your chin.
- Touching your face covering once it is on your face.
- Lower your face covering on your chin and wearing it as a necklace.
- Reuse your face covering if you have already taken it off.

Discarding After Use

- Carry a bag with you to be used exclusively for throwing out the face covering.
- The bag must be sealed.
- Discard the face covering, disposable facial tissues, and do not mix with other household trash.
- Close the bag once it is full or at the closing of working hours and place it in another plastic bag for domestic trash.