

Wearing Face Coverings

How to wear a face covering effectively



Before handling the face covering, wash your hands or use hand sanitizer.



Take your face covering by the elastic straps and put it on your face.



Unfold it and ensure the face covering fits over the nose and under the chin.



Once it is on your face, do not touch it.



Wash your hands or use hand sanitizer again.

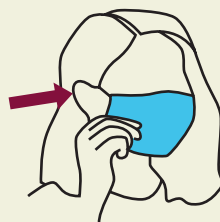
What you should not do



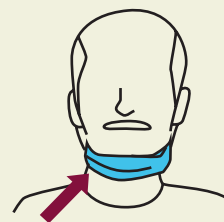
Wear your face covering under the nose or cover only the tip your nose.



Wear your face covering without covering your chin.



Touching your face covering once it is on your face.



Lower your face covering on your chin and wearing it as a necklace.



Reuse your face covering if you have already taken it off.

Discarding After Use

Carry a bag with you to be used exclusively for throwing out the face covering.

The bag must be sealed.

Discard the face covering, disposable facial tissues, and do not mix with other household trash.

Close the bag once it is full or at the closing of working hours and place it in another plastic bag for domestic trash.